

Find out what **YOGA**
and
**TOTAL
IMMERSION
SWIMMING**

have in common!

Yoga and TI swimming
seek organic movement
on the wave of the breath.

Join us to cultivate your deep
awareness, inviting lightness
& strength to the body, peace
& clarity to the mind & pure
joy to the heart.

**YOGA & SWIMMING
RETREAT IN KAŠPERK**

with
**Lucie Königová &
Tomáš Vojtěchovský**

27TH – 29TH MAY '11

PRICE: CZK 2.990

PRICE INCLUDES:

2 nights´ accommodation in a double room, breakfast, swimming pool,
2 group yoga classes & 2 swimming lessons. The retreat will start on Friday 27th May at 7pm
and finish on Sunday 29th May with brunch. | www.hotelkasperk.cz.

BOOKING AND MORE INFO:

Please contact Ivana on lenkalucieyoga@gmail.com.
More details on www.yogina.cz & www.totalniplavani.cz.

PAYMENT:

The retreat is payable by 15th April 2011. In the event of cancellation your entire payment
will be refunded if the cancellation is made two weeks prior to the retreat, cancellations made
a week prior to the retreat 50 % of the fee back. Payments are non-refundable after this date.