

# Love, Light & Bhakti

## Yoga Weekend Retreat

with James Boag, Lenka Nezvalová & Lucie Königová

May 29 - 31, 2009

Buddhist Meditation Centre Samadhi, Tupadly u Mělníka

Come and join James, Lenka and Lucie for a blissful weekend retreat to herald the summer.

Each class will develop the themes of love, light and bhakti - devotion, and how the cultivation of these principles in our yoga practice can boost and transform not only our yoga practice, but also our lives.

The retreat will include two daily asana classes and daily kirtan/satsang with stories which illustrate the power of bhakti, how devotion is treasured within the yoga tradition and how it permeates all paths of yoga, from the most obviously devotional to the most austere.

**SAMADHI MEDITATION CENTRE** is located in the Tupadly Castle. The 140-year old small castle building and the tall tower are made out of sand stone. The property includes a lovely park, farmland, three other buildings and a greenhouse. Accommodation will be provided in tidy, simple rooms of one of the Samadhi Meditation Centre's buildings (for more see [www.samadhi.cz](http://www.samadhi.cz))

**RETREAT SCHEDULE:** The retreat will start on **Friday May 29 at 3 pm** with tea and introduction and finish on **Sunday May 31 in the afternoon**. There will be two asana sessions a day, along with chanting, kirtan and satsang. The lunch break will be long enough for walks and short trips. Please bring your own yoga mat. The retreat will be held in English.

**RETREAT FEE:** CZK 2,300. The price includes accommodation, excellent vegetarian food and yoga classes.

**BOOKING & PAYMENT:** Registration upon the payment of the retreat fee of CZK 2,300 in the following account: Lucie Königová, Raiffeisen Bank, Account No: 3224628001/5500; Bank Code: 2905. Please register via e-mail ([yogaeventsprague@gmail.com](mailto:yogaeventsprague@gmail.com)). Registration is on a first come, first serve basis. The **retreat fee is payable by May 18 at the latest**.

**CANCELLATIONS & REFUNDS:** Cancellations made 14 and more days prior to the retreat 100% of the retreat fee back; cancellations made 13 - 8 days prior to the retreat 50% of the fee back; cancellations made 7 - 4 days prior to the retreat 25% of the fee back. No refunds thereafter.

**Wisdom becomes knowledge when it becomes your personal experience.**

**Come and bring joy!**